

PLAYFULNESS IN EDUCATION

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Abstract

Playing is something natural in children, it happens spontaneously, we play since we were babies. The baby starts by exploring his body, moving his arms, hands, legs, then he is interested in toys, playful objects. From this moment on, we have playfulness. The ludic aspect provides personal development, such as self-discovery, self-confidence, team life. Playful activities in the school environment are very interesting tools that allow teachers to achieve their learning objectives.

Keywords: play, baby, school, playful activities